

Lunch Menu

Chef Sallie Lardy

Choose an entree (limit two per order) :

- Turkey, Beef or Veggie Burger (comes with toasted whole wheat bun, condiments, lettuce, tomato, red onion & pickle)
- Multigrain Pasta Salad (Farfalle, Cherub Tomatoes, Spinach, Extra Virgin Olive Oil, Aged Balsamic, with whole grain garlic toast)
- Couscous (Chickpeas, Tomatoes, Spinach, Onion, Cinnamon & Cumin, with a dash of cayenne, served with whole wheat pita)
- Quinoa w/Sweet Potatoes, Roasted Red Potatoes, Black Beans, Corn, Kale, Beet, Onion & Garlic, Cumin, Coriander & Fresh Cilantro w/Lime Wedges
- Penne w/Rotisserie Chicken, Spinach, Tomatoes & Garlic in a Lemon Cream Sauce, Garlic Toast
- Roast Beef Panini w/Horseradish Sauce on Sourdough, Spinach, Mushrooms & Havarti Cheese

Choose a side (limit two per order):

- Sweet potato wedges
- Roasted Vegetables
- Side Salad w/Balsamic Vinaigrette
- Roasted Brussels Sprouts

Choose a Dessert (Limit two):

- Whole Wheat Oatmeal-Chocolate Chip Cookies (no nuts)
- Cranberry Walnut Cookies
- Brown Sugar Brownies (no nuts)
- Raspberry Oat Bars

Drinks

- Coke
- Diet Coke
- Coke Zero
- Sprite
- Sweet Leaf Tea (Diet or Regular)
- Water
- Lemonade